Website: quitmanseniors.org

May 2025

903-763-8201 Facebook: fyac@quitman Forever Young Activity Center

Sunday	Monday	Tuesday	Wednesday	Thursday		Saturday
OPPORTUNITIES FOR SENIOR CITIZENS	28	29	30	1	2 9:00 – 4:00 Fellowship & Games 10:30 CHAIR YOGA 12:00 \$7 LUNCH - Hot Sandwiches 12:20 Birthday Celebration 7:00 FYAC Charitable Bingo, Doors open 5 pm	3
4	5	6 9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own 7:00 FYAC Charitable Bingo, Doors open 5 pm	7 9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own 1:00 Senior Exercise 3:00 FYAC Fundraising Committee & Committee Chairman Meetings	8	9 9:00 – 4:00 Fellowship & Games 9:45 MEDICAL CHECKUP 10:30 CHAIR YOGA 12:00 \$7 LUNCH - Spaghetti & Meatballs 7:00 FYAC Charitable Bingo, Doors open 5 pm	10
11	12 5:30 FYAC Board of Directors Meeting	9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own 7:00 FYAC Charitable Bingo, Doors open 5 pm	9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own 1:00 Senior Exercise	15	16 9:00 – 4:00 Fellowship & Games 10:30 CHAIR YOGA 12:00 \$7 LUNCH - Hamburgers & Fixins Entertainment-Eugene Allen "Going West" 7:00 FYAC Charitable Bingo, Doors open 5 pm	FYAC SUPPER CLUB "Let's Bingo" Doors open 5:30 pm Dinner at 6 pm Games until 8 pm
18	Listen to FYAC on KMOO Double-Talk 8:45 - 9:00 AM	9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own 7:00 FYAC Charitable Bingo, Doors open 5 pm	21 9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own 1:00 Senior Exercise	22	9:00 – 4:00 Fellowship & Games 10:30 CHAIR YOGA 12:00 \$7 LUNCH - Provided by Caraday 7:00 FYAC Charitable Bingo, Doors open 5 pm	24
25	26	9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own 9:00 PAINTING FOR FUN! Watercolor Parrot 7:00 FYAC Charitable Bingo, Doors open 5 pm	28 9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own 1:00 Senior Exercise	29	30 9:00 – 4:00 Fellowship & Games 10:30 CHAIR YOGA 12:00 \$7 LUNCH - Provided by Wesley House 7:00 FYAC Charitable Bingo, Doors open 5 pm	31
1	2	Forever Young Activity Center strives to provide a place for adult fellowship and programs that enrich one's life.				

Forever Young Activity Center May 2025

No Craft Class in May 2025

Tuesday, May 27, 2025

- PAINTING FOR FUN

Instructor: Jean Chancelor

Class description: Watercolor Parret

Supplies to bring: See list at front table

9:00 AM – 12:00 Noon

Class fee: \$4.00





Let's Bingo

SUPPER CLUB

Saturday, May 17, 2025 6:00 PM (doors open at 5:30 PM) Games until 8:00 PM FYAC Senior Center Bring a Covered Dish

Bring a friend!